

NEVADA  
SCHOOL  
COUNSELOR  
ASSOCIATION



Nevada School Counselor Association  
Annual Conference  
[www.nvsca.org](http://www.nvsca.org)



# Table of Contents

Welcome.....2  
Schedule.....3  
Sponsors, Exhibitors, Contributors.....4  
Conference  
Map.....5  
Keynote  
Speakers.....6-7  
Breakout  
Sessions.....8-12  
Exhibits.....13  
Special  
Thanks.....14  
Notes.....15

**SAVE THE DATE FOR THE 2017 ASCA ANNUAL CONFERENCE**



**JULY 8-11, 2017, IN DENVER, COLORADO**

*Join thousands of school counseling professionals to:*

*RELATE- and network with thousands of other school counselors*

*RECHARGE- your passion for the profession*

*REALIZE- great new programs to implement*

*REFLECT- on your school year, and make plans for the next one.*



Learn more at  
[www.ascaconferences.org](http://www.ascaconferences.org)



# Welcome to NvSCA Annual Conference 2017



“If you are good at building bridges, you will never fall into the abyss!”  
— Mehmet Murat ildan

“A bridge of silver wings stretches from the dead ashes of an unforgiving nightmare  
to the jeweled vision of a life started anew.”  
— Aberjhani, Journey through the Power of the Rainbow: Quotations from a Life Made Out of Poetry

“Understanding languages and other cultures builds bridges. It is the fastest way to bring the  
world closer together and to Truth. Through understanding, people will be able to see their  
similarities before differences.”  
— Suzy Kassem, Rise Up and Salute the Sun: The Writings of Suzy Kassem

“For too long, information, opportunities, and resources have been constraints,  
they need to be the bridges.”  
— Sharad Vivek Sagar

“Action is the bridge between thought and reality.”  
— Richie Norton



“Bridges take people across rivers. Leaders take people across ignorance.  
With a leader, the destination of a journey is sure.”  
— Israelmore Ayivor, Leaders' Ladder





# Schedule

## FRIDAY January 27, 2017

5:00 p.m. - 6:30 p.m.	Registration Open	2 <sup>nd</sup> Floor Lobby
5:00 p.m. - 6:30 p.m.	Reception	Paradise Terrace
5:00 p.m. - 10:00 p.m.	Exhibits Open	Paradise Terrace
6:30 p.m. - 8:30 p.m.	General Session	Paradise
Ballroom	Welcome- Rebecca Gunderson, NvSCA President	

### KEYNOTE ADDRESS: Matthew McClain

### Lift Your Head

8:30 p.m. - 11:00 p.m.	President's Reception	Treasures ABC
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## SATURDAY January 28, 2017

7:00 a.m. - 5:00 p.m.	Exhibits Open	Paradise Terrace
7:15 a.m. - 8:15 a.m.	Continental Breakfast	Paradise
Ballroom		
8:00 a.m. - 10:00 a.m.	General Session	Paradise
Ballroom	<b>KEYNOTE ADDRESS: Emilio Parga</b>	

### Building Bridges- Creating a Grief-Friendly School

10:10 a.m. - 11:00 a.m.	Breakout ONE Grand 1, Grand 2, Grand 3, Emerald C, Treasures A	
11:10 a.m. - 12:00 p.m.	Breakout TWO Grand 1, Grand 2, Grand 3, Emerald C, Treasures A	
12:00 p.m. - 1:30 p.m.	Lunch	Paradise
Ballroom		
1:40 p.m. - 2:30 p.m.	Breakout THREE Grand 1, Grand 2, Grand 3, Emerald C, Treasures A	
2:40 p.m. - 3:30 p.m.	Breakout FOUR Grand 1, Grand 2, Grand 3, Emerald C, Treasures A	
3:30 p.m. - 4:10 p.m.	Refreshment Break	Paradise Terrace
	Poster Session	Paradise
Ballroom		
4:10 p.m. - 5:00 p.m.	Breakout FIVE Grand 1, Grand 2, Grand 3, Emerald C, Treasures A	

## SUNDAY January 29, 2017

7:00 a.m. - 12:00 p.m.	Exhibits Open	Paradise Terrace:
7:30 a.m. - 8:30 a.m.	Breakfast	Paradise
Ballroom		
8:00 a.m. - 9:20 a.m.	AWARDS	Paradise





Ballroom

**Administrator of the Year  
Friends of Counselors  
Explanation of Counselor of the Year  
WACAC**

9:30 am. – 10:20 a.m.

Breakout SIX  
Grand 1, Grand 2, Grand 3, Emerald C

10:30 a.m. – 11:20 a.m.

Breakout SEVEN  
Grand 1, Grand 2, Grand 3, Emerald C

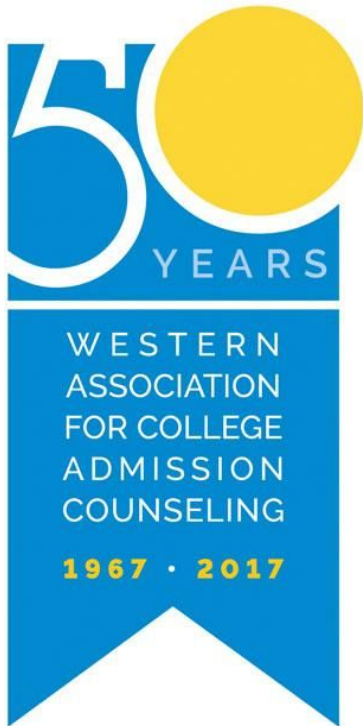
11:20 a.m. – 12:00 p.m.

Job-Alike Sessions TBA

12:00 p.m. – 12:30 p.m.

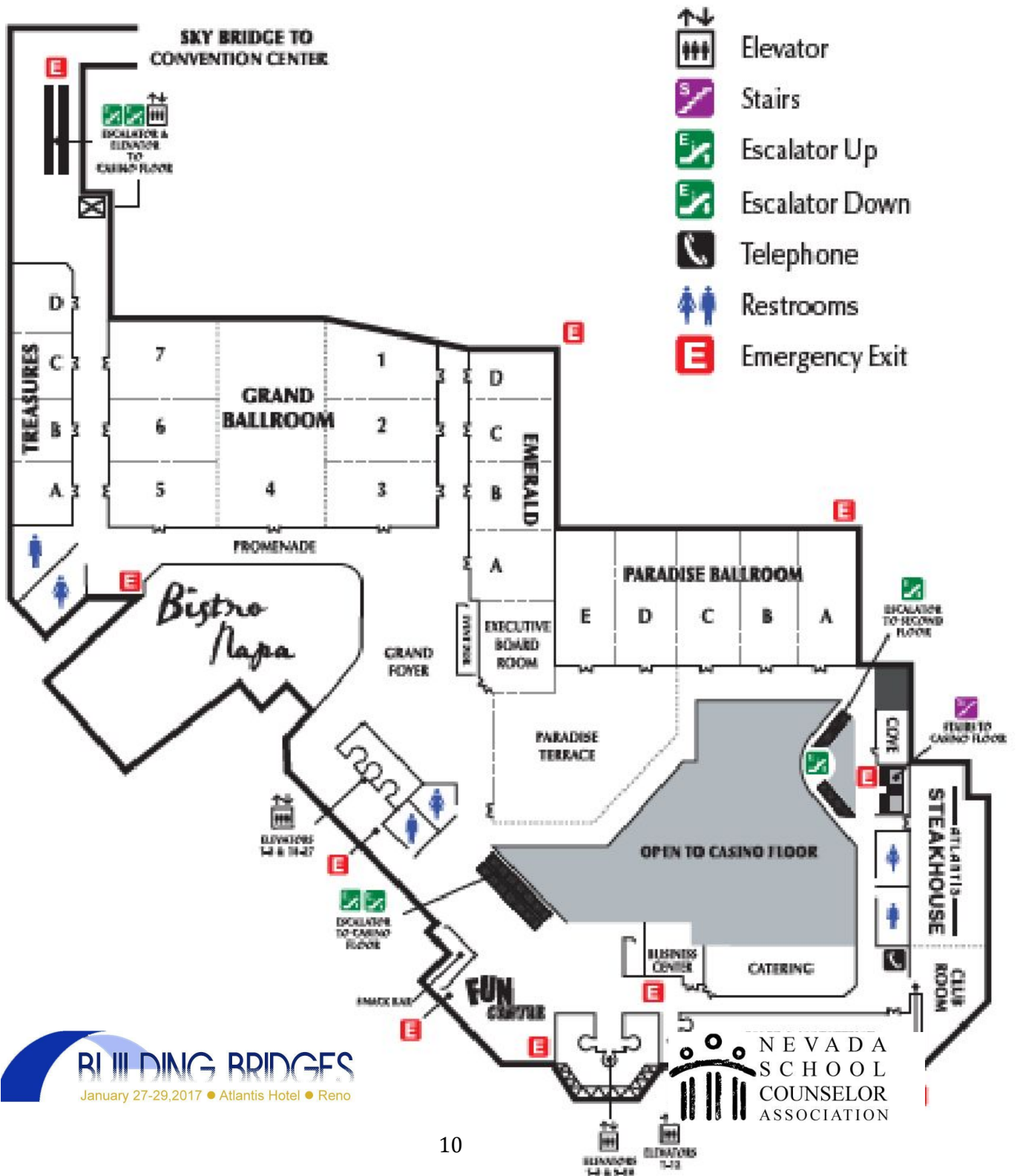
Certificate Pick-up Paradise Terrace

**SPONSORS  
EXHIBITORS  
CONTRIBUTORS**



# 2ND FLOOR

All meeting space is conveniently located on the 2nd floor.  
The entire Conference & Event Center is non-smoking.



**BUILDING BRIDGES**  
January 27-29, 2017 • Atlantis Hotel • Reno

**NEVADA SCHOOL COUNSELOR ASSOCIATION**

## Keynote

Matthew McClain  
Friday General Session



### **Lift Your Head!!!**

Have you been in public recently and looked around...and wondered, “don’t people interact face-to-face anymore?” Everywhere I go, people are head-down staring at an amazing piece of electronics. Can you believe the capabilities of our smart phones? They are basically little hand-held computers!! But, with all of those capabilities, they suck us in with email, texting, Facebook, apps, etc... If you are like me, I find myself sucked into a zombie like state staring at my phone...missing the world going by missing my children playing in front of me, vying for my attention...missing... so much. Life is passing us by, lets learn how to lift our heads both personally and professionally and not only look around, but make a difference with our heads held high!!

Matthew McClain has been a School Counselor since 2005. He currently lives in Fort Morgan, Colorado, and works for the Morgan County School District RE-3. He has worked at the intermediate level (late elementary), and currently is working at High School. Matthew has been instrumental in his district in getting PBIS started district-wide and served one year as a half time coach to aid in that implementation. He also is passionate about social emotional learning and is a master trainer for Smart-Girl/Guy, a program that trains facilitators to use a curriculum that teaches skills to young men and women to help them become confident, capable self-reliant young people. Matthew has been involved with the Colorado School Counselor Association (CSCA) since 2006, and has served as Elementary VP, Conference Chair, and President; he currently is the Public Relations chair. Matthew has been involved with ASCA serving on the conference planning committee for three years, and on the state by-law



review committee for five years. Matthew has presented at the annual ASCA conference for five years, and numerous times at the CSCA conference. Getting involved at the state and national level awakened a passion in Matthew that is educating others about and advocating for the profession. He loves his job working with kids, but also loves educating, advocating and promoting the school counseling profession. Matthew's strengths include building relationships and connections - personally and professionally. He is thrilled to have the opportunity to work with the Nevada School Counselor Association and speak at the annual conference. "Lifting Your Head" will help us all realize that we need to pay attention to the world going by - and not miss any of it!! Matthew has been married to Trish for 19 years, and has 3 wonderful children, Quinn (11), Blake (7), and Maisy (7).

## Keynote

Emilio Parga

Saturday Morning General Session



### Building Bridges- Creating a Grief-Friendly School

Emilio Parga is the Founder and Executive Director of The Solace Tree for Grieving Children, Teens, and Adults where he has worked for 14 Years. He is the author of No Child Should Grieve Alone, and several other journals written with children and teens for children and teens. He has co-founded four grief centers in Nevada and one in New York.

Emilio serves as a bereavement consultant to local schools, social services, hospitals, funeral homes, and businesses. He teaches at the University of Nevada, Reno on Death and Dying AND How to Help Children and Teens Cope with Death and Loss. Emilio has conducted grief workshops, presentations, and in-service trainings for the American Counseling Association, Cancer Treatment Centers of



America, and the National Association of Elementary School Principals.

He is a member of the National Association for the Education of Young Children, American Academy of Pediatrics, The National Alliance for Grieving Children and the American Professional Society on the Abuse of Children.



# Breakout Sessions

**Saturday January 28, 2017**

**Breakout ONE 10:10 a.m. – 11:00 a.m.**

## Grand 1

Trevor C.A.R.E. (Connect. Accept. Respond. Empower) LGBTQ Youth Workshop  
Beth Schroeder LSW, LMSW WCSO

## Emerald C

Beyond the Face, Self-Reflection About Assumptions and Having High Expectations for All  
Tiffany Young M.Ed., Coordinator WCSO Equity and Diversity Department

## Grand 2

A New Approach to Mental Health Education  
Trish Glowacki , Executive Director Glow Media

## Grand 3

Mystery: WCSO Students Most Common Questions, Issues, Frustrations, and Problems with These Tests  
Christiane Brown, Director Huntington Learning Center, Reno

## Treasures A

Soft Skills and CTE Pathways  
Steve Leitz, Mike Fulcher Backbone Communications

**Breakout TWO 11:10 a.m. – 12:00 p.m.**

## Grand 1

Hands-On and Interactive Tour of the Career Exploration Programs Produced by PBS-KNPB, National Public Broadcasting  
Susan Mayes-Smith KNPB  
Katie Swanson TMCC High School

## Grand 2

**Growth Mindset Breakout Edu:** Learn about a growth mindset through a series of problem-solving challenges where you must solve puzzles to break into the box. What's inside the box, come to the session



and find out.

Carly Strauss, MC, NBCC, NBCSC

Northwest Regional Professional Development Program

## **Emerald C**

**Beyond the Face, Self-Reflection About Assumptions and Having High Expectations for All**

Tiffany Young M.Ed., Coordinator

WCSD Equity and Diversity Department

## **Grand 3**

**Bridging the Gap from Data to Goals.** Bridging the Gap from Data to Goals - As part of the ASCA National Model, counselors are encouraged to use data to drive delivery of meaningful services to students. Learn how to interpret data and establish purposeful counseling goals. Whether you are hoping to improve behavior of your 3rd grade boys or improve academic progress of your credit deficient 12th graders, your school's data can help you get there

Kristin Barnson, Ken Basinger, Chad Gregorius      CCSD

## **Treasures A**

**Soft Skills and CTE Pathways**

Steve Leitz, Mike Fulcher

Backbone Communications

## **Breakout THREE 1:40 a.m. – 2:30 p.m.**

### **Grand 1**

**To Your Health!**

Dan Wold

Tahoe Consultants

## **Emerald C**

**Fact or Fiction- What is School Social Work and What is Happening with the Field in Nevada**

Beth Schroeder LSW, LMSW

WCSD

## **Grand 2**

**Disruptive Career Education: How Do We Measure Career Success?**

Steven Coyle, Ed.D

UTI (Universal Technical Institute)

## **Grand 3**

**CareerOneStop.org Your FREE Resource to Career Information**

Kelly Smith, Program Officer

NV Dept. Employment Training and Rehabilitation



## Treasures A

Soft Skills and CTE Pathways

Steve Leitz, Mike Fulcher

Backbone Communications

## Breakout FOUR 2:40 a.m. – 3:30 p.m.

### Grand 1

#### Understanding and Connecting with Refugee Families.

Increased awareness of the refugee resettlement process, as well as the socio/emotional needs and characteristics of refugee students and families.

Strategies and tools to provide newcomer students with equitable opportunities for success while meeting their personal/social needs and empowering them to pursue their career and educational goals.

Better understanding of the role of counselors as responsive change agents who integrate instructional and school counseling best practices to create equitable services and programs for all students and as advocates for social justice.

Quiza Weber, Nancy Flores

CCSD

### Emerald C

#### Substance Abuse Prevention Planning: Tailoring Effective Prevention Efforts

Eric Ohlson, MSW

WCSD

### Grand 2

#### Disruptive Career Education: How Do We Measure Career Success?

Steven Coyle, Ed.D

UTI (Universal Technical Institute)

### Grand 3

#### School Counselors and NEPF

Marina McHatton

NDOE, Readiness, Adult, Learning, and Education

## Treasures A

#### How to Make Kindness Cool- Walk Away with Actionable Ideas and Strategies to Start A Kindness Movement in Your School That Will Create A Strong School Culture and Decrease Bully Relater Incidents

Brian Williams

Think Kindness

## POSTER SESSION 3:30 p.m. - 4:10 p.m.





## Paradise Ballroom

**Dane McQuivey and Derek Hughes** will be presenting a poster presentation on Nevada Recovery and Prevention (NRAP). It's a sober living group/club at UNR and TMCC. We believe school counselors need exposure at the high school level so this conference is a great way to make school counselors aware of their presence. As for the theme of the conference, we are "bridging the gap" between high school sobriety and college sobriety for students who struggle with drug and alcohol abuse.

**Jesse Wirth, Megan Alexander, Rachel Weaver** will be presenting a poster presentation on Heart Math. This program can bring mindfulness into schools and is a gateway into teaching kids how to name their emotions and find that mind and body connection.

### **Alejandra Reyes and Courtney**

Career Development Interventions for Female Children in Reno, Nevada. As the economy in Reno, Nevada changes it is important to prepare our children for the new economy. The majority of jobs showing growth in Reno, Nevada are male dominated which puts our females at a disadvantage. One of the many barriers females face is rejecting careers that are not in line with their self-concept and gender expectations. This poster explores career interventions that school counselors can implement to help young girls in Reno.

### **Alex Sullivan and Beth Stoker**

Resources and strategies available to school counselors who have students on their caseloads whose parents are facing a major physical or psychological illness. We will examine some of the unique problems that students in these situations face in terms of school and home life. We will also look at how to improve communication (build bridges) with agencies and people both inside and outside of the school environment who can help these students get through what are difficult and traumatic situations in their lives.

## Breakout FIVE 4:10 a.m. – 5:00 p.m.

### Grand 1

To Your Health!

Dan Wold

Tahoe Consultants

### Emerald C

Connecting with Students Through Guidance

Kaycee Hacbart, MS. Ed, Salima Virani, MS.Ed

CCSD

### Grand 2



TBA

## Grand 3

Transitions from High School to Postsecondary

Marina McHatton

NDOE, Readiness, Adult, Learning, and Education

## Treasures A

**Building Hope: No Child Should Grieve Alone** The impact of loss for children and teens is well documented and affects school performance, relationships, and an understanding of life. How children and teens are supported by an early death and other losses in their lives will shape how they respond to loss as an adult. In this one -hour presentation/workshop, the learner will develop a better understanding on how to communicate with grieving children, teens, and adults to better provide an appropriate conversation, presence, and support.

Emilio Parga

Solace Tree

## Sunday January 29, 2017

Breakout SIX 9:30 a.m. – 10:20 a.m.

## Grand 1

TBA

Juan V. Lopez, MBA

Entrepreneur Digital Marketer Dynamic Motivation

## Emerald C

TBA

Jill Packman, Phd, MFT

University of Nevada Reno



## Grand 2

**Mindset Revisited: A closer Look at the Mindset Movement.** Carol Dweck's work on fixed mindset and growth mindset; Dweck's biggest fear is that the growth mindset movement will replace the self-esteem movement. Why does she fear this? What can we do to make sure that promoting growth mindsets does not mean just feeling good about yourself?

Carly Strauss, MC, NBCC, NBCSC

Northwest Regional Professional Development Program

## Grand 3

**Confidently Offering Help: How to Make a (Proper) Referral to Mental Health Services**

Jake Wiskerchen MFT, NCC, Owner/Clinical Director      Zephyr Wellness

Jesse Lott MFT, Certified Alcohol & Drug Counselor

## Breakout SEVEN 10:30 a.m. – 11:20 a.m.

### Grand 1

Event Planning and Logistics

Tami Goulden-Bozco

WCSD

### Emerald C

TBA

Jill Packman, PhD, MFT

University of Nevada Reno

### Grand 2

TBA

Laura Cook

WCSD

### Grand 3

**Confidently Offering Help: How to Make a (Proper) Referral to Mental Health Services**

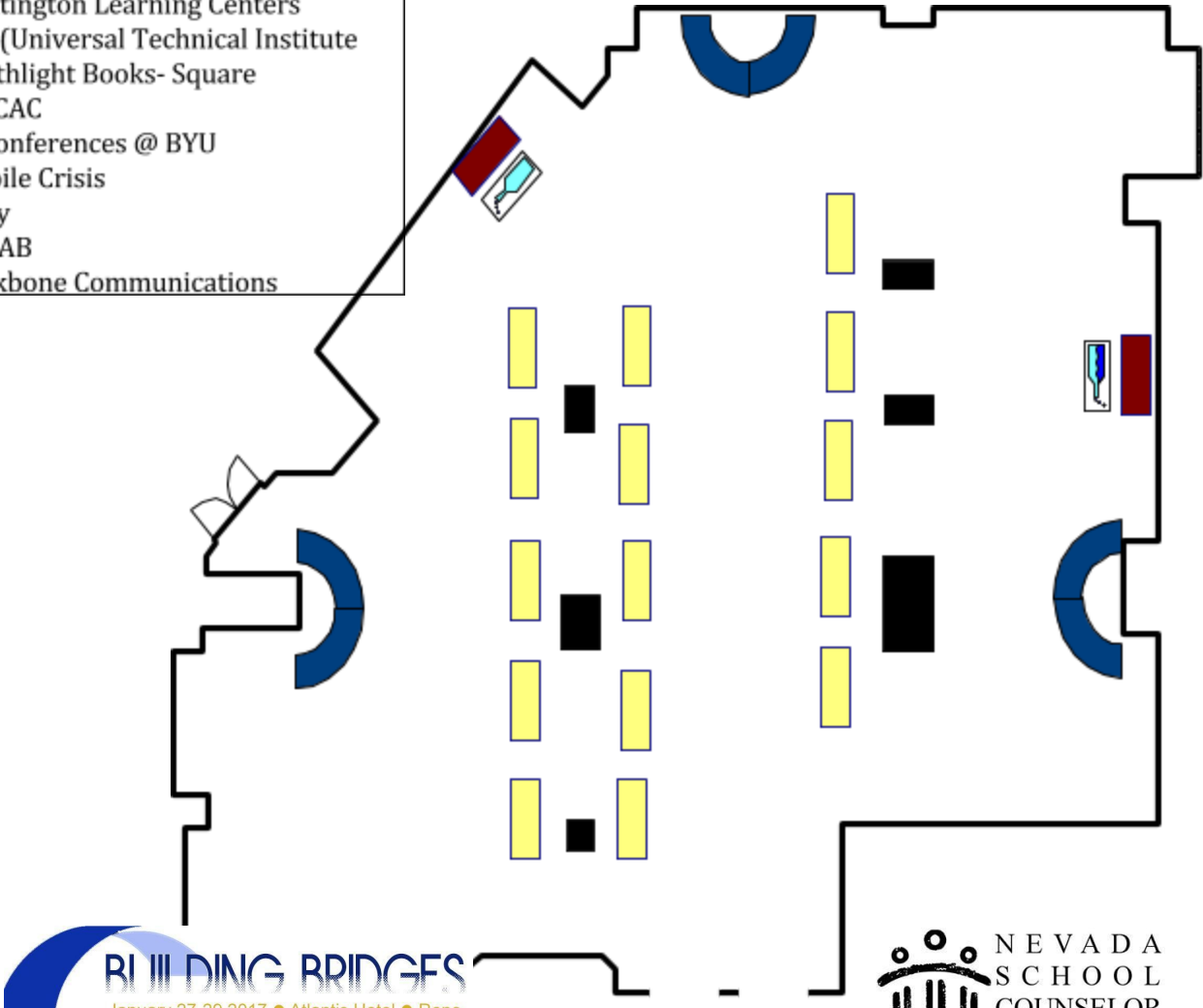
Jake Wiskerchen MFT, NCC, Owner/Clinical Director      Zephyr Wellness

**“Bridges don't fall from the sky, they don't rise from the ground. People build them.”**



# Paradise Terrace Exhibits

- ASCA
- Nevada Dept. of Education
- Huntington Learning Centers
- UTI (Universal Technical Institute)
- Youthlight Books- Square
- WACAC
- IS Conferences @ BYU
- Mobile Crisis
- Navy
- ASVAB
- Backbone Communications



## Special Thanks

### Conference Committee

Claudia Bessette, Conference Chair  
Andrea DeMichieli, Exhibition/Sponsorship  
Rebecca Gunderson, NvSCA President  
Katie Swanson, Awards  
Kathy Archuleta, NvSCA Treasurer

### Conference Assistance

Alex Sullivan  
Alejandra Reyes  
Beth Stoker  
Courtney Zaninovich  
Dane McQuivey  
Derek Hughes  
Diane Schroder  
Emily Crawford  
Jessie Wirth  
Megan Alexander  
Rachel Weaver  
Jennifer Tappan

Taylor Tica  
Kat Morton  
Radyldeo Gutual  
Manny Magana  
Erin Justus  
Ohana Turcios  
Libier Martinez  
Tyler Ross  
Alijandra Reyes  
Amber Scala  
Julie Matheus  
Jessica Olson

### Raffle Prizes:

Stephanie Sinner, Dorito Feet Designs  
Dane McQuivey, Gift Certificate  
Lucky Beaver, Gift Certificates  
Fast NV, Bootcamp Gift Certificate  
L'essence Day Spa & Salon, Gift Certificate  
Joanne's Fabric Store and WCSD Counseling



NOTES

LIKE A BRIDGE  
OVER  
TROUBLED  
WATER,  
I WILL EASE  
YOUR

**BUILDING BRIDGES**  
January 27-29, 2017 • Atlantis Hotel • Reno



# NOTES

